



Est. 1973

Colwyn Bay Athletics Club

Assisted by Conwy County Borough Council

Colwyn Bay Games

(Under WA Rules Permit TF2008/6/9.)

Saturday 6th September 2008

Eirias Park, Colwyn Bay

Track & Field Events Start @ 10.00am

| | | | | | | | | | | |
|------------------|------|------|------|------|-------|----|----|--------------------|---------|--------|
| U11 Girls | 100m | | | 600m | | LJ | | Cricket ball throw | | |
| U13 Girls | 100m | 200m | | 800m | | LJ | HJ | Shot | Javelin | Discus |
| U15 Girls | 100m | 200m | | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |
| U17 Girls | 100m | 200m | 300m | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |
| Junior Women | 100m | 200m | 400m | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |
| Senior/Vet Women | 100m | 200m | 400m | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |
| U11 Boys | 100m | | | 600m | | LJ | | Cricket ball throw | | |
| U13 Boys | 100m | 200m | | 800m | | LJ | HJ | Shot | Javelin | Discus |
| U15 Boys | 100m | 200m | | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |
| U17 Boys | 100m | 200m | 400m | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |
| Junior Men | 100m | 200m | 400m | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |
| Senior /Vet Men | 100m | 200m | 400m | 800m | 1500m | LJ | HJ | Shot | Javelin | Discus |

(Athletes must be born on or before 6/9/99)

U11 to U17 max 3 events – U20 max 4 events – Seniors – no limit - All age groups £2 per event

Closing date for entries Monday 18th August 2008

NO ENTRIES ON THE DAY - LATE ENTRIES WILL BE RETURNED

6mm SPIKES ONLY – Awards to first three in each event.

ATHLETES **MUST** WEAR CLUB, SCHOOL, COUNTY OR NATIONAL VEST.

SURNAME _____ FIRST NAME _____

M/F _____ D.O.B _____ WA REG No _____

ADDRESS _____

TEL No _____ Club/School _____

Event 1. _____ Event 2. _____ Event 3. _____

Permission to have photographs taken & displayed YES / NO I hereby declare that I am an amateur as defined by the WA laws and eligible to compete. Athletes under 16 years of age must have the form signed by a parent or guardian.

Signed _____ Date _____

Cheques made payable to Colwyn Bay A.C. Enclose 9x6 SAE for Timetable & No Entries to :- Events Organiser, ERW WEN, HAFODTY LANE, UPPER COLWYN BAY, LL28 5YN